

# Delta Company Warriors



## Family Support Group Handbook

### D-187 Mission

Provide command, control, and administrative services supportive of specialized medical training. Sustain proficiency of soldier skills and ensure readiness of all soldiers. Support and facilitate the technical training of the 91K (Medical Lab Specialist), 91R (Veterinary Food Specialist), 91G (Patient Administration Specialist), 91M (Hospital Food Service Specialist), 91S (Preventive Medicine Specialist), 91Q (Pharmacy Specialist), 91V (Respiratory Specialist), 91J (Medical Logistics Specialist), 91P (Radiology Specialist), 91D (Operating Room Specialist), 91X (Mental Health Specialist), 91T (Animal Care Specialist), 91E (Dental Specialist), M6 (Licensed Practical Nurse), N3 (Occupational Therapy Specialist), N9 (Physical Therapy Specialist), Y6 (Cardiovascular Specialist), X2 (Preventive Dentistry Specialist), N4 (Health Physics Specialist), P1 (Orthopedic Specialist), P2 (Ear, Nose, Throat Specialist), and P3 (Eye Specialist) additional skill identifiers.

Greetings from the Commander,

On behalf of the Delta Company Team, welcome to Fort Sam Houston and San Antonio. I hope your stay here is a good one and please let us know how we can support your needs.

Part of my mission is to provide command and control, billeting, and administrative and logistical support to soldiers assigned to Delta Company. A permanent party cadre staff of 7 accomplishes this: the commander, the first sergeant, the executive officer, and 4 cadre sergeants.

Delta Company is a medical training company comprised of approximately 400 prior service active duty, reserve, and National Guard soldiers. These soldiers are here for training in any one of 13 military occupational skills (MOS) or 9 different additional skill identifiers (ASI).

Although the company currently does not have a standing Family Support Group (FSG), the purpose of the FSG is to enable a unit's family members to establish and operate a system of mutual support, share information and be kept abreast of unit activities. FSG participation is strictly voluntary.

However, the success relies on family members and soldiers interacting with each other on a regular basis. This interaction creates a network to identify and help deal with family member concerns and issues. Through involvement in a FSG, family members can actually become an integral part of the unit's activities. If interested in establishing or participating in a company FSG please notify your cadre sergeant. Also complete the FSG questionnaire inside your inprocessing packet. Again, welcome, and I look forward to serving with you.

Donald W. Carden  
CPT, MS  
Commanding

## **Delta Company MOS's and ASI's:**

Warrior Platoon: Holdovers and Holdunders (Students awaiting training)

1<sup>st</sup> Platoon: 91K, 91G, 91M, 91, 91WY6, 91S, 91SN4

2<sup>nd</sup> Platoon: 91Q, 91X, 91WN3, 91WP3, 91WP1, 91WP2, 91J, 91WN9

3<sup>rd</sup> Platoon: 91V, 91E, 91EX2, 91WM6

4<sup>th</sup> Platoon: 91P, 91D, 91T, 91R

### **Phone Numbers**

CQ Desk	221-6877
Post Information	221-1211
TMC	295-4461
ER, BAMC	916-6466
Information, BAMC	916-4141
Tricare Office	800-611-2875
Appointments	271-7879
FSH MPS	221-2222
SAPD	207-7273
FSH FD	221-2727
SAFD	207-7744
Red Cross	221-5291
Legal Services	221-2282
*JPPSO	221-4200

- Joint Personal Property Shipping Office for local storage and moving company recommendations

## Religious Services

Battalion Chaplain                      221-1698/4362

### Catholic Services

Main Post Chapel                      Saturday 1730

Weekdays                                      1130

AMEDD Regimental                      Sunday 0915

DODD Field Chapel                      Sunday 1230

### Protestant

Main Post Chapel                      Sun 0800/1100

DODD Field Chapel                      Sun 0800

Gospel                                      Sunday 1030/1130

AMEDD Regimental                      Sun 1130

Evans Auditorium                      Sun 0915

### Jewish

Main Post Chapel                      Friday 2000

### Latter Day Saints

Bldg 1380 C Co                      Sunday 1000

### Muslim

Muslim Worship Center, BLDG 607

Muslim Jumma                      Friday 1330

Please call BN Chaplain for more information

## D-187 Frequently Asked Questions:

Q: What is a typical workday like?

A: Mondays, Tuesdays, Wednesdays, and Fridays start with PT at 0530-0630, with formation at 0515. Thursday mornings begin with morning formation at 0715. Academics take up a majority of the day, again varying by course, but typically 0800-1630.

Q: What are some other non-academic training events/requirements?

A: Mondays and Thursdays at 1715 there is a company formation and safety briefing. Promotions and awards are generally presented at this formation. In addition, intramural sports are offered year round. All soldiers will take a Diagnostic APFT within 2 weeks of arrival and graduation. All soldiers will take a record APFT within the first 30 days of arrival. Some courses require a record APFT GO to graduate. Soldiers who reside in the barracks will pull assistant CQ duties with 2-hour shifts during the week and 4-hour shifts on weekends.

Q: What do I need to know about enrollment criteria?

A: You must meet course enrollment criteria to be enrolled. This includes meeting height/weight standards IAW AR 600-9 (each soldier will be weighed within 72 hours of arrival), you must have the correct service remaining requirement, and you must meet all academic prerequisites, bring your transcripts. Failure to meet prerequisites will result in non-enrollment. Also, it is very important that you bring your 201 file. Pregnant soldiers will be dealt with on a case by case basis depending on the academic branch.

Q: Can I live off-post?

A: If your course is more than twenty weeks in length and your orders authorize dependent travel to Ft Sam Houston while you are in training, then you will reside off post. Soldiers that do meet the off-post requirements must provide marriage license, children's birth certificates, driver's license, proof of vehicle insurance, current LES, and vehicle registration. These documents will be needed to process an off-post packet. The FSH Guest House phone number is 210-357-2705 ext. 2000.

Q: What are the barracks like?

A: All the rooms are 2-soldier rooms that are equipped with refrigerator and some with a microwave. Each room will share a bathroom with the adjoining room next door. Military linen is available but civilian linen is allowed. The company has fifteen washers/dryers are available. Individual rooms are cable ready, but individual room accounts are the soldier's responsibility. All rooms have phone jacks but individual phone accounts are also the soldier's responsibility.

Q: Where is D-187?

A: Building 1002. If you are arriving via Harry Wurzbach, turn right on Dickman Rd. Pass the Ft Sam Houston Lodging on your left and bear to your left. At the stop sign bear right and Bldg 1002 is on the right. If arriving from I-35, take the Walters St exit. Turn left on Scott Rd and follow until you get to Dickman Rd. Make a right on Dickman, go through the stop sign that intersects the Harry Wurzbach gate, pass the Ft Sam Houston Lodging on your left, bear to your left, and Bldg 1002 is on the right.

Q: What childcare facilities are available?

A: Questions regarding childcare can best be answered by Army Community Service at 210-221-2418, Bldg 2797.

Q: Where should I go if my family is accompanying me?

A: The FSH Guest House 210-357-2705 ext 2000, located near Brooke Army Medical Center on Binz-Engleman off of I-35. You should stay at the Guest House or receive a statement of non-availability. It is very important to receive a statement of non-availability if staying at the Guest House or any place other than the Guest House because you may not be reimbursed. Sign in at D-187 210-221-6877 Bldg 1002, initiate an off-post packet. If you have already been approved PTDY, I still highly recommend stopping by the company and start your off-post packet.

Q: How do I get housing for my family?

A: Soldiers here for school will not be placed in on-post quarters. Local newspapers, the internet (i.e. <http://www.realestate.yahoo.com>), and the FSH Housing Office located in Bldg 367 210-221-2341 are a few resources that can be used to assist locating off-post housing. The Housing Office has a contracted realtor that's located in their office specifically to assist soldiers looking for off-post housing. Only soldiers that will be assigned to Fort Sam Houston after their course will be allowed to request on-post quarters.

Q: Should I report in uniform?

A: When reporting, you should maintain a military appearance at all times. Soldiers reporting between the hours of 0600-1800 will be heightened and weighed upon sign in. Travel so that uniforms are easily accessible. Bring your entire initial issue. BDU's, PFU's, and Class A's will all be worn. Field jackets and all leather black boots may also be required. Some ASI's wear the PFU to class quite regularly and should plan accordingly. A complete clothing list can be found in AR 670-1.

Q: When will I inprocess and settle travel/TDY pay?

A: You will inprocess the day you arrive unless you arrive after duty hours or on the weekend. You will then inprocess the following duty day. You will inprocess student personnel the first Monday, Wednesday, or Friday after you arrive. Be sure to have all necessary documents although not all inclusive, this may include such items as orders, receipts, and statements of non-availability. TDY settlement will not be made here. It will be made at your permanent duty station. It may be a long time before you reach your PCS location and we recommend you keep expenses to minimum, especially if using a government credit card. It is sometimes a misconception that settlement will be made here and that money will be used to pay credit card bill but that's not the case. The bills will come prior to you reaching your PCS station and receiving your settlement.

Q: If I am TDY Enroute or Return and drive my POV, when will I get travel reimbursement?

A: You will receive settlement of travel expenses at your final destination. Be advised not to spend excessive amounts on credit with the intent of being reimbursed here at FSH. It will not happen. There has been a trend of soldiers incurring a balance beyond their means while using their personal government credit card. Avoid this by being frugal and planning on not receiving any reimbursement until after completion of training (to include Phase II, if applicable). Do not use the government credit card to purchase airline tickets